



Ergorest is a world's leading manufacturer of forearm supports since 1988. Our solutions are designed to improve ergonomics in multiple areas such as computer usage, office work and industrial applications.

Ergorest's mission is to help businesses build better ergonomic environments in order to prevent work-related health issues.

Ergonomics is economy

Less sick leaves. Less extra costs.

Musculoskeletal problems are the most common work-related injuries in modern office work. The most common cause of these injuries is bad ergonomics.

Musculoskeletal complaints are some of the most common amongst office workers. The use of Ergorest forearm supports decreases neck and shoulder injury symptoms and related sick leaves by up to 50%.

Ergonomics pays back

Improved wellbeing.
Improved work efficiency.

Computer work strains your neck, shoulders, wrists and hands, causing serious illnesses such as carpal tunnel syndrome.

Ergonomics is a worthwhile investment in productivity and job satisfaction. An investment which pays itself back, over and over. Ergorest forearm supports offer many financial and health-related benefits.



Less sick leaves — Increased productivity

Less work stress — Better quality of work

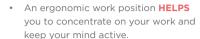
Fewer healthcare expenses — Increased profit



Be relieved.

Ergorest brings immediate relief to hand, neck and back strain. It supports arms and eases work related tension by directing the whole body to the correct working position.

Ergorest forearm supports are designed with functionality in mind. Their durable double support structure is made of cast aluminum guaranteeing firm support and a smooth movement.



- Ergorest REDUCES the amount of strain on the neck, preventing neck complaints arising from muscular tension.
- Ergorest RELAXES the shoulders and prevents complaints arising from muscular tension or strain.
- Ergorest PREVENTS tennis elbow and other elbow ailments.
- Ergorest **PREVENTS** carpal tunnel syndrome and tenosynovitis.
- Ergorest forearm SUPPORTS guide the body into a better working position, thereby preventing complaints arising from strain on the lower back.

Get in touch

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BE RELIEVED.

ergorest.fi



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